

Grade 7 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Advisor Period 10:00-10:30 a.m.				
10:30 a.m.- 12:15 p.m. English Language Arts/ERC Core Session 1	10:30 a.m.- 12:15 p.m. Français Core Session 1	10:30 a.m.- 12:15 p.m. Géo/Histoire Core Session 1	10:30 a.m.- 12:15 p.m. Math Core Session 1	10:30 a.m.- 12:15 p.m. Science Core Session 1
----- Personal Time 12:15-1:00 p.m. -----				
1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-1:30 p.m. Work Space 1:30-2:00 p.m. Phys-Ed	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>
Health Platter 2:00-2:30 p.m.				
2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2
----- Recess 3:30-3:45 p.m. -----				
3:45-5:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Music	3:45-5:00 p.m. Drama	3:45-5:00 p.m. Visual Arts
Co-Curricular				

Grade 8 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Advisor Period 10:00-10:30 a.m.				
10:30 a.m.- 12:15 p.m. Science Core Session 1	10:30 a.m.- 12:15 p.m. English Language Arts/ERC Core Session 1	10:30 a.m.- 12:15 p.m. Français Core Session 1	10:30 a.m.- 12:15 p.m. Géo/Histoire Core Session 1	10:30 a.m.- 12:15 p.m. Math Core Session 1
----- Personal Time 12:15-1:00 p.m. -----				
1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-1:30 p.m. Work Space 1:30-2:00 p.m. Phys-Ed	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>
Health Platter 2:00-2:30 p.m.				
2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2
----- Recess 3:30-3:45 p.m. -----				
3:45-5:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Music <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Spanish <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Visual Arts <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Drama <i>Optional Office Hours (All subjects)</i>
Co-Curricular				

Grade 9 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Advisor Period 10:00-10:30 a.m.				
10:30 a.m.- 12:15 p.m. Math Core Session 1	10:30 a.m.- 12:15 p.m. Science Core Session 1	10:30 a.m.- 12:15 p.m. English Language Arts/ERC Core Session 1	10:30 a.m.- 12:15 p.m. Français Core Session 1	10:30 a.m.- 12:15 p.m. History Core Session 1
----- Personal Time 12:15-1:00 p.m. -----				
1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-1:30 p.m. Work Space 1:30-2:00 p.m. Phys-Ed	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>
Health Platter 2:00-2:30 p.m.				
2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2
----- Recess 3:30-3:45 p.m. -----				
3:45-5:00 p.m. Spanish <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Visual Arts <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Drama <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Music <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>
Co-Curricular				

Grade 10 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Advisor Period 10:00-10:30 a.m.				
10:30 a.m.- 12:15 p.m. History Core Session 1	10:30 a.m.- 12:15 p.m. Math Core Session 1	10:30 a.m.- 12:15 p.m. Science Core Session 1	10:30 a.m.- 12:15 p.m. English Language Arts/ERC Core Session 1	10:30 a.m.- 12:15 p.m. Français Core Session 1
----- Personal Time 12:15-1:00 p.m. -----				
1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-2:00 p.m. Work Space <i>Optional Office Hours (All subjects)</i>	1:00-1:30 p.m. Work Space 1:30-2:00 p.m. Phys-Ed
Health Platter 2:00-2:30 p.m.				
2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2
----- Recess 3:30-3:45 p.m. -----				
3:45-5:00 p.m. Marine Biology <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Drama <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Media Studies/ Engineering <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Visual Arts <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Music <i>Optional Office Hours (All subjects)</i>
Co-Curricular				

Grade 11 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Advisor Period 10:00-10:30 a.m.				
10:30 a.m.- 12:15 p.m. Français Core Session 1	10:30 a.m.- 12:15 p.m. Integrative Project Core Session 1	10:30 a.m.- 12:15 p.m. Math Core Session 1	10:30 a.m.- 12:15 p.m. Media Studies	10:30 a.m.- 12:15 p.m. English Language Arts/ERC Core Session 1
----- Personal Time 12:15-1:00 p.m. -----				
1:00-1:30 p.m. Work Space	1:00-2:00 p.m. PED Elective	1:00-2:00 p.m. Work Space	1:00-2:00 p.m. Work Space	1:00-2:00 p.m. Visual Arts
1:30-2:00 p.m. Phys-Ed	<i>Optional Office Hours (All subjects)</i>	<i>Optional Office Hours (All subjects)</i>	<i>Optional Office Hours (All subjects)</i>	<i>Optional Office Hours (All subjects)</i>
Health Platter 2:00-2:30 p.m.				
2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Core Session 2	2:30-3:30 p.m. Work Space	2:30-3:30 p.m. Core Session 2
----- Recess 3:30-3:45 p.m. -----				
3:45-5:00 p.m. Drama/ Music <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Chemistry/ History of the 20 th Century <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. AP Art & Design <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Physics <i>Optional Office Hours (All subjects)</i>	3:45-5:00 p.m. Psychology <i>Optional Office Hours (All subjects)</i>
Co-Curricular				