

Traiteur Saporito

St. George's Elementary School Menu – September 30-November 1, 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Corn chowder	Potato Leek Soup	Tomato soup	Chicken noodle soup	Vegetable soup
Choice "A"	Salmon pesto farfalle	Homemade chili	Chicken fajitas	Pancakes, turkey bacon and beans	BarBQ chicken
Choice "B"	Farfalle with olive oil	Bean chili	Vegetarian fajitas	Vegan pancakes	Vegan jambalaya

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Butternut Squash Soup	Potato Leek Soup	Chicken noodle soup	Minestrone	Carrot ginger soup
Choice "A"	Cheese tortellini	Beef taco	Chicken dumplings	Slow cooked pulled chipotle chicken	Turkey Roast with mashed potatoes and vegetables
Choice "B"	Pasta tomato sauce	Bean taco (vegetarian)	Assorted sandwiches	Moroccan vegetable stew	Veggie stir-fry

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Potato Leek Soup	Chicken noodle soup	Vegetable soup	Chicken and barley
Choice "A"	Thanksgiving Holiday	Homemade mac and cheese	Lasagna	Chicken brochette	Homemade shepherd's pie
Choice "B"		Assorted sandwiches	Vegetarian lasagna	Vegetarian wrap	Vegetarian shepherd's pie

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Vegetable soup	Lentil soup	Tomato soup	Chicken noodle soup	Carrot ginger
Choice "A"	Fusilli Pesto	Butter chicken	Penne bolognese	Chicken Quesadilla	Italian meatballs
Choice "B"	Fusilli olive oil	Assorted sandwiches	Penne and butter	Veggie Quesadilla	Falafel

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Potato Leek Soup	Tomato soup	Chicken noodle soup	Vegetable soup
Choice "A"	Ped Day	Beef burrito	Oven roasted chicken drumsticks	Pizza (cheese and vegetables)	Asian chicken stir-fry
Choice "B"		Bean burrito	Vegan jambalaya	Pizza (cheese)	Asian Tofu stir-fry