

Traiteur Saporito St. George's High School Menu – April 29-May 24, 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
Choice "A"	Pasta Bar choices of: Herbed Grill Chicken Tomato Basil Sauce (Vegan)	Buddha Bowl Beef, Chicken, or Veggie (Vegan) with Herbed Rice	Chicken Chow Mein with Udon noodles and a side Salad	Handmade Beef Burgers (pick your toppings) with a side of Potatoes and Salad	EARTH DAY
Choice "B"	Pesto Sauce (Vegan) Garlic Butter and Parmesan Sauce with a Side Salad	Sweet Potato, Roasted Veggies, Savory Chickpeas, with a Zesty Sauce	Veggie Chow Mein with Udon noodle and a side Salad (Vegan)	Handmade Veggie Burgers (pick your toppings) with a side of Potatoes and Salad (Vegan)	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Choice "A"	Beef Bolognese Pasta with Salad	Beef or Chicken Soft Taco (pick your toppings) with Spanish rice and Salad	Pita Beef Samosa with a Mango Chutney side of Cilantro Herbed Rice and Salad	Herbed Chicken Burgers (pick your toppings) with a side of Potatoes and Salad	Chicken and Potato Curry with Rice and Salad
Choice "B"	Tomato Basil Pasta (Vegan)	Veggie Soft Taco (pick your toppings) with Spanish rice and Salad (Vegan)	Pita Veggie Samosa with a Mango Chutney side of Cilantro Herbed Rice and Salad (Vegan)	Handmade Veggie Burgers (pick your toppings) with a side of Potatoes and Salad (Vegan)	Eggplant and Potato Curry with Rice and Salad

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Choice "A"	Pasta Bar choices of: Herbed Grill Chicken Tomato Basil Sauce (Vegan)	Chicken and Black Bean Taquitos side of Salsa with Herbed Rice and Salad	Calzone Creation with Roasted Potatoes and Salad	Handmade Beef Burgers (pick your toppings) with a side of Potatoes and Salad	Chicken Mac and Cheese with Salad
Choice "B"	Lemon Parsley Sauce Garlic Butter and Parmesan Sauce with a Side Salad	Veggie Black Bean Taquitos side of Salsa with Herbed Rice and Salad	Black Bean Calzone Creation with Roasted Potatoes and Salad	Handmade Veggie Burgers (pick your toppings)with a side of Potatoes and Salad (Vegan)	Chef's Choice

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Soup of the day	Soup of the day	Soup of the day	Soup of the day
Choice "A"	BREAK/ HOLIDAY	Beef or Chicken Soft Taco (pick your toppings) with Spanish rice and Salad	General Toa Chicken with Rice and Salad	Herbed Chicken Burgers (pick your toppings) with a side of Potatoes and Salad	Chicken Tomato Feta Basil or Tomato Basil open face Baguette with a Balsamic Drizzle
Choice "B"		Veggie Soft Taco (pick your toppings) with Spanish rice and Salad (Vegan)	General Toa Sesame Tofu with Rice and Salad	Handmade Veggie Burgers (pick your toppings)with a side of Potatoes and Salad (Vegan)	with sides of Roasted Potato, Greek Salad, and Couscous Salad