

Traiteur Saporito

St. George's ES Menu January 9-February 1, 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup			Chicken noodle soup	Minestrone	Lentil soup
Choice "A"	Ped Day	Ped Day	Lasagna	Butter chicken	Beef taco
Choice "B"			Vegetarian lasagna	Vegetarian wrap	Bean taco (vegetarian)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Cream of broccoli soup	Corn chowder	Tomato soup	Chicken noodle soup	Vegetable soup
Choice "A"	Fusilli Pesto	Homemade chili	Chicken dumplings	Homemade shepherd's pie	Chicken Quesadilla
Choice "B"	Fusilli & olive oil	Bean chili	Assorted sandwiches	Vegetarian shepherd's pie	Veggie Quesadilla

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Butternut Squash Soup	Potato Leek Soup		Minestrone	Vegetable soup
Choice "A"	Cheese tortellini	Chicken brochette	Ped Day	Slow cooked pulled chicken	Homemade burger with sweet potato fries
Choice "B"	Pasta tomato sauce	Assorted sandwiches		Veggie stir-fry	Portobello burger with wedge sweet potato fries

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Corn chowder	Potato Leek Soup	Chicken noodle soup	Vegetable soup	Carrot ginger soup
Choice "A"	Salmon pesto farfalle	Chicken fajitas	Italian meatballs	Pancakes, turkey bacon and beans	Pizza (cheese and vegetables)
Choice "B"	Farfalle with olive oil	Vegetarian fajitas	Falafel	Vegan pancakes	Pizza (cheese)