

Traiteur Saporito

St-George's Elementary School Menu – August 28-September 27

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup			Chicken noodle soup	Minestrone	Lentil soup
Choice "A"			Penne bolognese	Chicken Quesadilla	Pizza (cheese and vegetables)
Choice "B"			Penne and butter	Veggie Quesadilla	Pizza (cheese)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Potato Leek Soup	Tomato soup	Chicken noodle soup	Vegetable soup
Choice "A"		Homemade chili	Chicken fajitas	Pancakes, turkey bacon and beans	Oven roasted chicken leg
Choice "B"		Bean chili	Vegetarian fajitas	Vegan pancakes	Vegan jambalaya

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Butternut Squash Soup	Potato Leek Soup	Chicken noodle soup	Minestrone	Carrot ginger soup
Choice "A"	Fusilli Pesto	Beef taco	Chicken dumplings	Slow cooked pulled chicken	Homemade burger with sweet potato fries
Choice "B"	Fusillim olive oil	Bean taco (vegetarian)	Assorted sandwiches	Spinach and swiss cheese omelet	Portobello burger with wedge sweet potato fries

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Corn chowder	Potato Leek Soup	Chicken noodle soup	Vegetable soup	Chicken and barley
Choice "A"	Homemade mac and cheese	Italian meatballs	Lasagna	Butter chicken	Homemade shepherd's pie
Choice "B"	Assorted sandwiches	Falafel	Vegetarian lasagna	Vegetarian wrap	Vegetarian shepherd's pie

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Vegetable soup	Lentil soup	Tomato soup	Chicken noodle soup	Carrot ginger
Choice "A"	Cheese tortellini	Chicken brochette	Penne bolognese	Chicken Quesadilla	Pizza (cheese and vegetables)
Choice "B"	Pasta tomato sauce	Assorted sandwiches	Penne and butter	Veggie Quesadilla	Pizza (cheese)