

Traiteur Saporito

St. George's ES Menu February 4 till March 1, 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Cream of broccoli soup	Minestrone	Chicken noodle soup	Lentil soup	
Choice "A"	Fusilli Pesto	Slow cooked pulled chicken	Lasagna	Chicken dumplings	Mid Winter Break
Choice "B"	Fusilli & olive oil	Vegetarian wrap	Vegetarian lasagna	Assorted sandwiches	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Corn chowder	Tomato soup	Chicken noodle soup	Vegetable soup
Choice "A"	Ped Day	Beef taco	Pancakes, turkey bacon and beans	Homemade shepherd's pie	Chicken Quesadilla
Choice "B"		Bean taco (vegetarian)	Vegan Pancakes	Vegetarian shepherd's pie	Veggie Quesadilla

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Butternut Squash soup	Potato Leek soup	Minestrone	Chicken noodle soup	Vegetable soup
Choice "A"	Cheese tortellini	Homemade chili	Chicken brochette	Penne Bolognese	Homemade burger with sweet potato fries
Choice "B"	Pasta tomato sauce	Bean chili	Assorted sandwiches	Penne with olive oil	Portobello burger with wedge sweet potato fries

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Corn chowder	Potato Leek soup	Chicken noodle soup	Vegetable soup	Carrot ginger soup
Choice "A"	Salmon pesto farfalle	Chicken fajitas	Butter chicken	Italian meatballs	Pizza (cheese and vegetables)
Choice "B"	Farfalle with olive oil	Vegetarian fajitas	Vegan pancakes	Falafel	Pizza (cheese)